Neighbourhood news

Our latest news and favourite moments

Tenterfield Care
AGED CARE COMMUNITIES

November 2026

From the Manager



Joey Rigor

At Tenterfield Care we strive to ensure residents feel welcome and at home.

We have small households, cosy lounges, beautiful backyards and we recently made improvements to our food service too, with additional choices at mealtimes, and a new ordering system, called Simple Foods. This system will enhance the meal ordering experience for residents who can view enticing images of the choices from our seasonal menu.

While comfortable surroundings are important, we also know that feeling at home is about belonging, so we encourage residents to maintain their connections, interests and routines. What makes a community special is the people – the friendships, the support and the kindness demonstrated by the team all contribute to an environment where residents feel safe, respected and happy.

In this newsletter, you'll read what we've been up to and hear from residents and team members who make Haddington and Millrace so special. ***Enjoy!***



Vintage vehicles take residents for a ride down memory lane

Aah, the good old days! Tenterfield Care opened its gates to the local community recently for very special vintage vehicle show that had everyone reminiscing about the romance of yesteryear.

The Tenterfield Classic Motoring Club packed our grounds with shiny cars and motorbikes, resplendent with their classic curves and chrome accents.

Residents spent hours admiring the beautifully maintained vehicles and chatting with proud owners. Many were reminded of first cars, first loves and family holidays.

"I've never seen so many beautiful cars," said one of the residents. "This car reminds me of the movie, Grease," said another. "I'd love to sit in it!

The comments kept coming as they carefully inspected the vehicles: "I miss the smell of the old engines"; "They had true grunt!" "They don't make them like that anymore."

Manager, Joey, said the day was a huge success. "We had a great turn out and seeing the smiles on the residents faces as they interacted with the owners and the community was wonderful. We all enjoyed tucking in to a BBQ lunch, too. A huge thank you to everyone involved, especially our incredible team for making this such a memorable community event."



Memories take centre stage at local Eisteddfod

Several residents enjoyed front row seats at one of the region's longest running traditions – the Tenterfield Eisteddfod.

Over a few days, enthusiastic residents watched the diverse program of dance, music, and speech and drama performances with local school groups and individuals showcasing their skills.

The Eisteddfod began almost 50 years ago under the sponsorship of the Quota Club and holds a special place in the hearts of many residents. Over the years, our community has been home to numerous former organisers, volunteers, Quota Club members, and even teachers, making the event particularly meaningful. Those attending were proud to see the tradition continuing to thrive and inspiring new generations.

For Haddington resident, Dianne, the performances brought back a lifetime of treasured memories. A former dance teacher, she watched the ballet, tap and jazz routines closely, scoring performances unofficially and offering enthusiastic feedback to fellow residents.

Feedback

Feedback from residents and families is important to us so we can make positive changes.

We also love hearing when we're doing something well.
To provide feedback, you can:

1. Tell us in person
2. Fill out a feedback form (located in each lounge room), and place in the mailbox outside the Manager's office, or hand to a staff member
3. Email Apollo Care's Chief Governance Officer at *feedback@apollocare.com.au*

Thank you for the wonderful care and support you provide my husband. Everyone is so friendly and helpful and the community is always beautifully clean.

Wife of resident



Investing in our Lifestyle teams to enhance resident wellbeing

Last month, we brought together some of our most passionate people (our lifestyle and pastoral care teams) for two days of inspiration, education and networking.

Our annual Lifestyle & Spiritual Care Retreat is a key event for every one of Apollo Care's 14 aged care communities. It's a time for our teams to learn from experts, including the internationally renowned Professor Elizabeth McKinlay, on leading ways to help residents maintain purpose, identity and meaningful relationships.

At Apollo Care, lifestyle and resident experience is equally as important as clinical care, and that's why our Resident Wellbeing Program sits at the heart of everything we do. Each year, this event supports our teams to help residents feel more valued, engaged and fulfilled every day. Because that's what good care is all about.

Lifestyle Officer, Kim, said the Retreat was inspiring. "I'm looking forward to putting the ideas and initiatives into practice, especially in spirituality," she said.



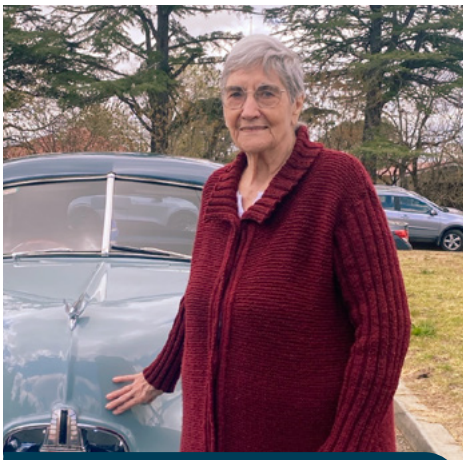
Books building bridges between generations

There was a special kind of magic at Tenterfield Care when a bus load of children from Sir Henry Parkes Memorial School arrived recently, armed with a basket of books ready to share with the residents.

The children settled in beside their new friends, reading aloud while the residents listened enthralled, gently encouraging the young ones with tricky words along the way. Afterwards, they spent time getting to know one another by comparing experiences of school, favourite subjects and sports.

Residents were charmed by their youthful confidence and impressive creative skills and were delighted when their young visitors gave them handmade bookmarks to mark the occasion.

Lifestyle Lead, Stephanie, says the visit was a huge success with both residents and children responding so well. “We’re looking forward to continuing the collaboration and welcoming the children back soon,” she says.



Three things I love

Resident, Elizabeth, is so happy at Tenterfield Care’s Haddington community.

She says the staff, activities, laughter and her fellow residents all make it feel like home. The three things she especially loves about living at Haddington are:

1. **The care** – the staff and residents are all so lovely.
2. **The food** – the selections the Chef serves up are delicious.
3. **The range of activities** – there is something for everyone, although I do apologise for winning all the trophies!

Family always welcome

At Tenterfield Care we love helping residents stay connected to their loved ones.

There are plenty of welcoming indoor and outdoor spaces where residents can enjoy spending time together with family and friends.



Resident, June, loves it when her daughter-in-law, Dannielle, and close friend, Sam, arrive with little Dixie, the dog. “We enjoy being able to make a cuppa and sit in the sun together talking – usually about Dixie!” Dannielle smiles. “We also enjoy chatting with the other residents as we walk through the community”.



Staff profile

Meet a vital, and much loved, member of our family

At the heart of our Tenterfield community are some incredible volunteers who dedicate their time, energy and compassion to enhancing the lives of residents.

Pat (pictured on the right), who recently celebrated her 90th birthday, is like family to us. She has been volunteering around Tenterfield for about 50 years and bringing her own special joy and artistic energy to Millrace and Haddington since they opened. Pat plays the piano beautifully and regularly performs nostalgic singalongs.

Why do you love volunteering at Tenterfield Care?

I get enormous satisfaction from playing the piano and knowing the residents always look forward to the music. Afterwards, I love talking to residents and family members, recalling old times when they may have danced to the songs I've just played.

What do you enjoy most about being with the residents?

Their company! I love catching up with old friends who now live at Millrace and Haddington, some of whom I have known for over 70 years! It's also great to get to know new residents who are just settling in and perhaps might be feeling a little bit apprehensive. I like spending time with them and helping them feel more connected and at home.

How old were you when you first learned to play the piano?

I was eight when I started piano lessons and I've been singing for as long as I can remember. I performed for the first time here in Tenterfield when I was 18 at the School of the Arts; and for the last time in public at the same venue in 2016, aged 81.

Favourite moments



Admiring the vintage cars



Meeting some gentle giants



There was lots to talk about at the car show



This reminds me of the movie Grease!

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